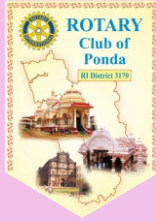
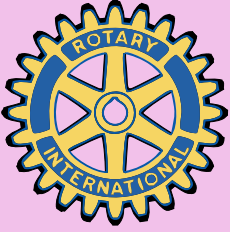
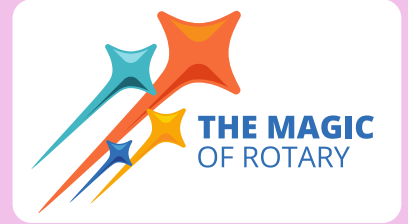


Farmagudi



The Bulletin of
ROTARY CLUB OF PONDA



Club No. 15674

Chartered on : 27th April 1978

R.I. District : 3170

Volume : 47 | OCTOBER 2024



Rtn. Paul Harris
Founder



Rtn. Stephanie A. Urchick
RI President 2024-25



Rtn. Sharad Pai
District Governor



Rtn. Suchitra Bhat
President

Rtn. Venkatesh Nayak
Secretary

Rtn. Priya Naik
Treasurer

Rtn. Abhijeet Kelekar
Bulletin Editor

Editorial



Every day do something that will inch you closer to a better tomorrow.

September was Basic Education and Literacy Month. In the month of September different activities like presenting Nation Builder Awards to Teachers, Blood Donation Camp, Guest speaker at weekly meetings and others

celebrations were carried out successfully. Rotary club of Ponda is well known for activities in Avoidable Blindness. Eye check-up camp was conducted for motorcycle pilots and taxi drivers from Ponda. Patients were identified for cataract surgeries and some were provided with spectacles.

In September 7 of our Rotarians including newly inducted members attended the Revenue District Meet on New Member Orientation Programme hosted by RC Mapusa at Panaji. This type of meets are very essential for new members to attend, so that they can slowly put one step forward in their journey from just being a Member to become a Rotarian. President and other Senior Rotarians also need to involve new members so that they can be activated rightly in the Club activities. It is said – ***“Without involvement, there is no commitment. Mark it down, asterisk it, circle it, underline it. No involvement, no commitment.”***

One of our trademarks at Rotary club of Ponda is celebration of all the festivals with families. These celebrations are always highly attended by all the members with families. This year festival of “Ganesh Chaturthi” was celebrated with enthusiasm.

October is a month that holds special significance for Rotarians around the globe, as we focus on Community and Economic Development, one of Rotary International’s seven areas of focus. At the Rotary Club of Ponda, this month presents an opportunity to reflect on the work we do to uplift our communities and build sustainable economic growth.

However, our efforts must go beyond providing financial assistance or technical support. We must also inspire communities to take charge of their own growth. Rotary’s philosophy of “Service Above Self” reminds us that true development stems from shared responsibility. When we engage with local communities, listening to their needs and partnering with them to create solutions, we foster a sense of ownership that is crucial for long-term success.

I am working continuously for making every issue of FARMAGUDI an interesting one. This is not possible without the support of other Rotarians. I request all the Family of Rotary to contribute to the FARMAGUDI.

I wish all the Rotary Families a very Happy Navaratri and Dussehra. May This Navaratri be as bright as ever. May this Navaratri bring joy, health and wealth to you. May the festival brighten up you and your near and dear one’s lives.

Yours in Rotary

Rtn. ABHIJEET KELEKAR
Editor (2024-25)



President Speaks

Dear fellow Rotarians,

As we step into October, it is with pride that we reflect on a September filled with impactful service and fellowship. Our Club was engaged in a series of activities that demonstrate our commitment to making a difference in our community and beyond. The Secretary's report will give a glimpse of the same.

September began with a celebration of Literacy Month. Club awarded 5 Nation builder awards to 5 teachers. Teachers play a vital role in nation building by shaping the future of the country through their actions and influence on students. Club also distributed stationery items to Primary school children. Club organized a blood donation camp at Gomantak Ayurveda College Shiroda. On account of world health day on 29th Septembers, club carried out the free checkup of blood sugar and blood pressure. There was an overwhelming response for this.

Fellowship was another key aspect of the month, with members coming together for a Ganesh Chaturthi Celebration. The evening was filled with competitions, quizzes, Aarti singing and finally the MahaPrasad.

As we look ahead, we are determined to continue our mission of service above self. October brings new opportunities, and we encourage all members to actively participate in upcoming initiatives.

In closing, I extend heartfelt thanks to all members for their tireless efforts. Together, we have created ripples of positive change, and I am confident that we will continue to make an even greater impact in the months ahead. Wishing all the readers a Happy Dussehra.

Your’s in Rotary,

Rtn. Suchitra Bhat
(President 24-25)

THE MAGIC OF ROTARY Rotary Club of Ponda



Editor

Rtn. Abhijeet Kelekar

Published By

**Rotary Club of Ponda
Royal House,
Tisk, Ponda - Goa 403 401**

Printer

**Smart Printings, Ponda Goa
9423271633**

Designer

Saily G. Naik

We meet every Friday at 7.30 pm
at Rotary Hall, 2F, Royal Chambers,
Ponda - Goa
E-mail: bhatsuchitraa@gmail.com
rcponda@gmail.com



The 4-Way Test Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL**
and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all
concerned?



Rotary's supreme purpose is to serve; never has service been more appropriate than on the present occasion. How and where we shall serve remains for you to determine. May wisdom characterize your deliberations!
- Paul P Harris' message to the Atlanta Convention 1917

Board of Directors for 2024 - 2025

President	- Rtn. Suchitra Bhat
Vice-President	- Rtn. Abhijeet Kelekar
President-Elect	- Rtn. Dr. Anita Tilve
Immediate Past President	- Rtn. Nasir Ali Wahid
Secretary	- Rtn. Venkatesh Nayak
Treasurer	- Rtn. Priya Naik
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International Service Director	- Rtn. Dr. Subramanya Bhat
Youth Service Director	- Rtn. Vasudev Sawant
Joint-Secretary	- Rtn. Ashwin Kunkolienkar

Objectives of Rotary

The Objective of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST : The development of acquaintance as an opportunity for service;

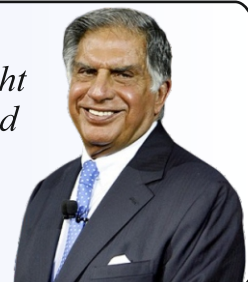
SECOND : High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD : The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH : The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

"I don't believe in taking right decisions. I take decisions and then make them right."

- Ratan Tata





Rtn. Venkatesh Nayak
SECRETARY

Secretary's Report
September 2024

CYBER CRIMES AND PREVENTION TALK



02/09/2024 - Rotary club of Ponda had organised a talk on "Cyber crimes and prevention" in collaboration with Ponda Police Station, Cyber crime section, for the students of PES higher secondary, Farmagudi on 2nd September, Monday, at 12 pm. The session was conducted by PSI Ms. Pragati Malik and her colleagues and attended by around 90 students.



TEACHERS FELICITATION AT SWARANAAD



04/09/2024 - Teachers felicitation program at SWARANAAD, Sharada Granth Prasarak Saunstha, Ponda to recognize and honor the dedication and hard work of teachers of the institution of hearing and speech impaired children. RC Ponda organized a felicitation program in association with Inner wheel Club of Ponda. Earlier, Students of SWARANAAD presented beautiful cultural items, which were enjoyed by all guests.

DISTRIBUTION OF SPECTACLES

14/09/2024 - Rotary club of Ponda distributed 28 spectacles to the motorcycle pilots and Rickshaw drivers of Ponda area. Last month an eye screening camp was conducted by Rtn. Dr. Rajesh Bhat for motorcycle pilots and Rickshaw drivers. Also provided eye care counseling and advice to all attendees.



GANESH CHATURTHI CELEBRATION



10th Regular Weekly Meeting of the club was held on 14/09/2024. 14th September, being Hindi Diwas, the proceedings of the meeting were conducted in Hindi and it was well received by the members. Also felicitated the Teachers and Engineers of the club, on account of Teachers and Engineers day. After the meeting, Ganesh Chaturthi was celebrated.

DISTRIBUTION OF STATIONERY ITEMS

19/09/2024 - Rotary Club of Ponda, distributed stationery items, sweets and fruits to the students of Government Primary school, Paniwada, Borim, as part of its community service.



GUEST SPEAKER AT WEEKLY MEETING

20/09/2024 - 11th RWM of RC Ponda was held on 20th September 2024. Guest Speaker for this meeting was Miss Akanksha Parsekar, a 4th year law student. She discussed about the different types of cyber crimes, online safety tips, prevention strategies etc. This talk successfully educated the audience on the importance of online safety and security. September issue of Bulletin Farmagudi was released at the hands of Senior Rtn. Uday Tilve.



BLOOD DONATION CAMP



25/09/2024 - A blood donation camp was organized in association with Ayurvedic Mahavidhyalay, Shiroda, Hospicio Hospital, Margao and Inner wheel Club of Ponda. Students and staff of Ayurvedic Mahavidhyalay donated blood. 23 units of Blood were collected from this camp. This blood donation camp is our ongoing project for last many years.

RDM - NEW MEMBER ORIENTATION PROGRAM

25/09/2024 - Revenue District Meet on New members orientation program was organized by RC Mapusa. Rtn Dr. Lenny DaCosta, Rtn. Dr. Jorson Fernandes, Rtn. Subhash Sajane and Rtn. Sandra Fernandes were the resource persons. Rtn. Venkatesh Rtn. Shobha, Rtn. Sanjana, Rtn. Nasir, Rtn. Vilas, Rtn. Vaishali and Rtn. Ashish attended the above seminar.



NATION BUILDERS AWARDS

05/09/2024 - RC Ponda honored, Mrs. Freeda DSilva, a teacher from Pragati Vidyalaya, Borim with NATION BUILDER AWARD for her outstanding contribution in the field of education. The award was presented to her at Pragati Vidyalaya on the occasion of Teachers day. Rtn. Krishna, Rtn. Ashok, Rtn. Ranjit & Rtn. Priya were present along with Pres. Rtn. Suchitra and Secr. Rtn. Venkatesh.



27/09/2024 - On 27th September, RC of Ponda, felicitated 4 teachers with Nation Builder awards for their tireless efforts, dedication and commitment in shaping students mind and future at the hands of Mr. P. R. Nadkarni, an educationist. The felicitatee teachers are Mrs. Daya Desai, Mr. Naresh Naik, Mrs. Usha Tengse and Mrs. Seema Keni. Mr. P. R. Nadkarni, in his inspiring speech; emphasized the vital role of teachers in nation building. He also discussed the challenges faced by the teachers and potential solutions. The awardee teachers expressed their views on the occasion. Rtn. Leena Sadekar compered the program while Rtn. Venkatesh Nayak proposed vote of thanks. President of RC Mapusa Rtn. Deepak Naik, secretary Rtn. Prerana and treasurer Rtn. Sandeep Divkar attended the meeting.

BLOOD SUGAR AND BP DETECTION CAMP



29/09/2024 - On the occasion of world heart day, RC Ponda had a successful camp of Blood Sugar and BP checkup at Lokmanya Cooperative Society, Upper Bazar, Ponda. 68 persons checked their Blood Sugar and BP from market and surrounding area. Medical technicians Mr. Siddhesh Gaonkar and Mr. Kuldeep Mapari checked the sugar and BP of the beneficiaries. Thanks to Lokmanya Cooperative Society for extending the co-operation. President Rtn. Suchitra thanked all the Rotarians for their presence for this camp.

LAW OF WASTED EFFORTS

We all get demoralized by failure. Some of us allow it to affect our self-worth, our sense of self-respect, and lack the courage or initiative to try again. We don't just lose our sense of confidence, we also view the loss of face, the loss of money and the loss of time as some sort of finality and conclusion on our capacity to achieve ever again.

There's are often used quotes, *"try, try and you will succeed"*, *"don't be afraid to fail, be afraid to not try"*, *"failure is not the opposite of success, it's part of success"*. We must see failure as a learning curve in what not to do. It empowers me to try things differently, because as is said, *"to do the same thing and expect different results is stupidity"*. Edison made over 1000 failed attempts to make a light bulb. But in the end his success is present in every room of your home. It's not possible to have a success without challenges and perhaps multiple failures.

The law of wasted effort is a theory that states that the process of trying, failing, and learning from those failures is part of nature's process of reaching perfection. It also suggests that failure should motivate people to try harder and achieve more, rather than making them lose confidence.

Some examples of the law of wasted effort include:

"Do you know lions only succeed in a quarter of their hunting attempts? Which means they fail in 75% of their attempts and succeed only in 25%? Despite this small percentage shared by most predators, they don't despair in their pursuit and hunting attempts. The main reason for this is not because of hunger as some might think but it is the understanding of the "law of wasted efforts" that have instinctively been built into animals, a law in which nature is governed.

Half of fish eggs are eaten, half of baby bears die before puberty, most of the world's rain falls in oceans, most of tree seeds are eaten by birds and Half of the seeds sown into the soil do not grow at all.

Muthiah Muralidharan, the Sri Lankan cricketer and one of the greatest bowlers in the history of international cricket, bowled a total of 44,039 balls in the 133 Test matches he played and took 800 wickets, giving him an average of one wicket for every 55 balls. To consider for 43,239 balls that he bowled, he went wicketless.

Sachin Tendulkar has also shared an anecdote about a time when he was dismissed for a duck in a colony match and made excuses about the ball:

First match : Tendulkar was the main batter of the colony and called his friends to watch. He got out on the first ball and made excuses.

Second match : Tendulkar got out on the first ball again.

Third match : Tendulkar avoided calling his friends and scored just one run. He said that, at that time he understood the importance of scoring just one run.

What Sachin Tendulkar did in his life later is history. But you know, even then it took little master, over a year between 2011 and 2012 and 30-odd innings to become the first batsman in the cricket history to score a Century of International Centuries in a match against Bangladesh.

Scientists have found that animals, trees, and other forces of nature are more receptive to "The law of wasted efforts". Only humans think that the lack of success in a few attempts is failure, but the truth is that we only fail when we stop trying. Success is not to have a life free of pitfalls and falls, but success is to walk over your mistakes and go beyond every stage where your efforts were wasted looking forward to the next stage. Failure should drive you to achieve more, to do more and to do better. Like every well fought battle the sweet victory of success never tastes better after than a few bitter mouthfuls of failure. There's a formula in winning and losing, and every failure should be one that builds your appetite for success rather than making you lose it.

Remember the law of wasted efforts, it governs all species and enjoy the journey as failure isn't really failure if you're enjoying the journey. The awareness of the Law of Wasted Efforts will make for a richer life and renewed effort, every time we fall.

FROM THE R.C. PONDA ARCHIVES

YEAR 1997-98, Theme - Show Rotary Cares
R.I. President - Rtn. Glen Kinross, Dist. Governor - Rtn. Dr. B. L. Patil
President: Rtn. Gajanan Sawant
Secretary: Rtn. Abhijeet Kelekar



ROTARIANS ATTENDING 100% MEETINGS IN SEPTEMBER 2024

1. Rtn. Shyam Naik
2. Rtn. Abhijeet Kelekar
3. Rtn. Uday Tilve
4. Rtn. Vilas Naik
5. Rtn. Priya Naik
6. Rtn. Ranjit Sadekar
7. Rtn. Nasir Ali Wahid
8. Rtn. Suchitra Bhat
9. Rtn. Venkatesh Nayak
10. Rtn. Lina Sadekar
11. Rtn. Sanjana Desai
12. Rn. Shobha Kelekar



Congratulations..!



Fellowship Greetings for the Month of October

Birthdays

- 1st : Rtn. Tushar Usgaonker
- 2nd : Rtn. Ashwin Kunkolienkar
- 4th : Annette Monica Baban Kakodkar
- 7th : Annette Esha Narendra Savaikar
- 12th : Annette Prajyot Sudesh Kavalekar
- 14th : Rtn. Vithal Miringkar
- 16th : Anne Asha Nagesh Shirwant
- 16th : Rtn. Vaishali M. Deshpande
- 17th : Rtn. Dr. Rajesh Bhat
- 18th : Rtn. Arvind Kumar Kejriwal
- 21st : Annette Shriya Lamikant Naik
- 21st : Anne Asha Vilas Naik
- 22nd : Annette Dr. Parish Pandurang Ghate
- 27th : Rtn. Priya Naik
- 30th : Anne Ashwini Vinayak Nayak
- 31st : Anne Vijaylaxmi Subrahmanya Bhat



*President and members of Rotary Club of Ponda
Wishing you a Happy Navaratri and Dussehra.*